



AMAZING SPEED READING

Do you spend an hour or more each day reading information from e-mails, legal documents or journals and do you want to save **more than 2 working weeks a year**, in that case all you have to do is increase your reading speed by a mere 33%.

Let us teach you how to **boost your reading speed** whilst maintaining or even increasing your text comprehension in our **AMAZING SPEED READING** workshops. If you read 60 minutes a day an increase in your personal reading capacity by 100% (i. e. doubling your reading speed) will grant you approx. **4 ½ weeks** of additional spare time **each year!**

Did you know that many famous people also owe their success to the ability of speed reading? Speed reading is not a technique that has been invented recently. John Stuart Mill († 1873) as well as the US-presidents Franklin D. Roosevelt († 1945) and John F. Kennedy († 1963) mastered this method of reading and benefited by being able to absorb and process a large amount of information in a short period of time. This technique is not reserved for these famous people, you too can acquire the knowledge that is necessary within a brief time span. During the interactive workshops you will be amazed by the increase of your reading speed.

The aim of our workshops is...

- that you read faster (up to double the speed) and still retain or increase text comprehension
- that you read very concentrated and selective and thus save a great deal of time
- that you internalise information with ease through effective reading and boost your self-confidence
- that you improve the functions of your eyes and brain in order to use both of them more effectively

The content of these workshops is...

- evaluation of your personal reading speed at the beginning of the workshop
- fundamentals of developing your reading capabilities
- advancement of Speed Reading
- optimisation of the reading conditions, adjustment of your personal environment
- use of a reading aid
- use of the central- and peripheral vision
- provide reading-techniques
- reading vs. browsing, scanning vs skimming
- information about vocabulary
- improvement of your information selection (e.g. with a mind-map)
- many practical exercises for eyes and brain
- a final evaluation of your improved reading speed to conclude the seminar